

## Families



19 to 23 October

### Local Updates

Advocacy	POhWER	Children's & Young People's Advocacy including CAMHS	<a href="https://www.pohwer.net/childrens-and-young-peoples-advocacy">https://www.pohwer.net/childrens-and-young-peoples-advocacy</a>
Bereavement	CHUMS & ELFT	Bereavement - how to support children & young people	<a href="https://www.eventbrite.co.uk/e/bereavement-pm-session-tickets-125614824321">https://www.eventbrite.co.uk/e/bereavement-pm-session-tickets-125614824321</a>
Bereavement	CAMHS Wellbeing Programme	Exam & School Pressure; Bereavement workshop for parents	<a href="https://twitter.com/camhswellbeing1/status/1318109274942431232?s=21">https://twitter.com/camhswellbeing1/status/1318109274942431232?s=21</a>
EHC Plans	Central Bedfordshire SENDIASS	Education Health & Care Needs Assessments - free webinars	<a href="https://twitter.com/CBSENDIASS/status/1318442084597157888/photo/1">https://twitter.com/CBSENDIASS/status/1318442084597157888/photo/1</a>
Health	Bedfordshire Community Health Services NHS	Website available	<a href="https://twitter.com/bedschs/status/1318160097898582016?s=21">https://twitter.com/bedschs/status/1318160097898582016?s=21</a>
Keep Active	Sustrans at Priory Part	The Wheelie Good Trail	<a href="https://content.govdelivery.com/accounts/UKBEDFORD/bulletins/2a6244b">https://content.govdelivery.com/accounts/UKBEDFORD/bulletins/2a6244b</a>
Peer Support	FACES	Spectrum Support for parents with children with Autism & ADHD (not sure it is running at the moment??)	<a href="https://www.facesbedford.org/summary-of-services">https://www.facesbedford.org/summary-of-services</a>
Peer Support	SuperKids at Sandy Children's Centre	Superkids - parent led support group of children (0-12yrs) with SEND (Sandy)	<a href="https://twitter.com/AutismBeds/status/1239579077012578305/photo/1">https://twitter.com/AutismBeds/status/1239579077012578305/photo/1</a>
Professional Support	GEM Youth	Early Intervention & Mentoring for young people (12-21yearsold)	<a href="https://www.gemyouth.co.uk/">https://www.gemyouth.co.uk/</a>
Professional Support	TACTIC	Mentoring Support (leighton-linslade)	<a href="https://twitter.com/CBSENDIASS/status/1319335637632339968/photo/1">https://twitter.com/CBSENDIASS/status/1319335637632339968/photo/1</a>
School	Bedford Borough Parent Carer Forum	Exclusion Focus Group	<a href="https://twitter.com/bedsboroughpcf/status/1316725653383843840?s=21">https://twitter.com/bedsboroughpcf/status/1316725653383843840?s=21</a>
School	Bedford Borough PCF	How Whole School SEND works	<a href="https://twitter.com/BedsBoroughPCF/status/1318522445603667968/photo/1">https://twitter.com/BedsBoroughPCF/status/1318522445603667968/photo/1</a>
Social Support	Families United Network	Activities for children with SEND	<a href="https://familiesunitednetwork.org.uk/">https://familiesunitednetwork.org.uk/</a>

Understanding Conditions	Bedford Borough PCF	Training Course with ADHDwise	<a href="https://twitter.com/bedsboroughpcf/status/1318175234281922560?s=21">https://twitter.com/bedsboroughpcf/status/1318175234281922560?s=21</a>
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### National Updates

Advice Services	Contact	The Helpful Guide for Families with disabled children	<a href="https://action.contact.org.uk/page/13234/subscribe/1">https://action.contact.org.uk/page/13234/subscribe/1</a>
Advocacy	Carers UK	Being Heard: a guide to self-advocacy for carers	<a href="https://www.carersuk.org/search/self-advocacy-eng">https://www.carersuk.org/search/self-advocacy-eng</a>
Challenging Behaviour	Parent Network (Families in Focus)	SEND Issues Workshops on Zoom	<a href="https://www.familiesinfocus.co.uk/big-news/">https://www.familiesinfocus.co.uk/big-news/</a>
Challenging Behaviour	Newbold Hope	Newbold Hope Facebook	<a href="https://www.facebook.com/pages/category/Community/Newbold-Hope-1381185878717389/">https://www.facebook.com/pages/category/Community/Newbold-Hope-1381185878717389/</a>
EHC Plans	Kids	SEND Mediation Service (free)	<a href="https://www.kids.org.uk/mediation-info">https://www.kids.org.uk/mediation-info</a>
EHC Plans	SOS! SEN	National Helpline	<a href="https://sossen.org.uk/helpline.php">https://sossen.org.uk/helpline.php</a>
EHC Plans	Special Needs Jungle	Do you know if your child has SEND or an EHCP?	<a href="https://twitter.com/spcialndsjungle/status/1317480574257405952?s=21">https://twitter.com/spcialndsjungle/status/1317480574257405952?s=21</a>
Health	BringingUsTogether	Survival Guides for families	<a href="https://bringingustogether.org.uk/publications/survival-guides/">https://bringingustogether.org.uk/publications/survival-guides/</a>
Professional Support	Gingerbread	Single Parents support	<a href="https://www.gingerbread.org.uk/">https://www.gingerbread.org.uk/</a>
Safeguarding	Frank	Honest information about drugs	<a href="https://www.talktofrank.com/">https://www.talktofrank.com/</a>
School	Just for Kids	School Exclusions Hub	<a href="https://justforkidslaw.org/news/new-online-resource-help-professionals-and-community-organisations-challenge-unfair-school">https://justforkidslaw.org/news/new-online-resource-help-professionals-and-community-organisations-challenge-unfair-school</a>
Technology	Association for Child & Adolescent Mental Health	Enhancing young people's mental wellbeing through digital technology (fee)	<a href="https://www.acamh.org/event/wellbeing-through-digital/">https://www.acamh.org/event/wellbeing-through-digital/</a>