Young Carers

Winter Events

January - March 2020

Carers in Bedfordshire
Registered charity number: 1135507
Company registration number 07140432
January 2020 Clubs
Fun - Games - Activities - Food

YC Squad
(4 to 12 Years)
Thursday 28th January
5pm to 7pm

At a community centre in Bedford. Address confirmed in the automated text to registered young carers.

GGYC & GGAC
(13-17 years)
Tuesday 28th January
6pm to 7pm

At a community centre in Bedford. Address confirmed in the automated text to registered young carers.
February 2020 Clubs
Fun - Games - Activities - Food

**YC Squad**
(4 to 12 Years)
Thursday 13th February
5pm to 7pm

At a community centre in Bedford.
Address confirmed in the automated text to registered young carers.

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**GGYC & GGAC**
(13 to 17 years)
Tuesday 11th February
5pm to 7pm

At a community centre in Bedford.
Address confirmed in the automated text to registered young carers.
March 2020 Clubs
Fun - Games - Activities - Food

YC Squad
(4-12 Years)
Thursday 19th March
5pm to 7pm

At a community centre in Bedford.
Address confirmed in the automated text to registered young carers.

GGYC & GGAC
(13 to 17 Years)
Tuesday 17th March
5pm to 7pm

At a community centre in Bedford.
Address confirmed in the automated text to registered young carers.

Cancelled
Peer Mentor Training

Train as a peer mentor and join the peer mentoring programme. As a peer mentor you will get involved in activities and events to help raise awareness and identify other young carers at school.

Next training is in the Easter holidays to be announced in next events booklet

Calling all trained Peer Mentors

Every time we have a club, holiday activity or a school assembly/school drop in or networking event, we will be letting all peer mentors know so you can choose to get involved if you want to.
Have fun at the Welcome Club

Cancelled

For all new young carers joining the service between January and March 2020

Come and meet other young carers, the young carers team and have fun with games, activities & snacks.

Wednesday 18th March
5pm to 7pm

At a community centre in Bedford. Address confirmed in the automated text to registered young carers.
Come dine with us
cookery workshop
(13 to 17 Years)

This is a four week course;
you can attend one or all of them:

Wednesday 22nd January
Wednesday 29th January
Wednesday 5th February
Wednesday 12th February
5pm to 7pm

At a community centre in Bedford.
Address confirmed in the automated text
to registered young carers.
Half Term Activity

Fire Station Visit
Come and see a fire station & meet some fire fighters

Thursday 20th February
10 am to 12pm
Snacks provided
Numbers are limited to 18 young carers

Bedford - address confirmed in the automated text to registered young carers
Let us know if you want to come along to any club or event.
To book a place you can:

**Phone:** 0300 111 1919  
**Email:** young.team@carersinbeds.org.uk  
**Text:** respond to the automated text via the link  
**Facebook:** message by 12pm two days in advance

If you book a place and then can't attend please let us know so the place can be offered to someone else.

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**07531 915190**

Team mobile phone

This phone will be on during clubs and events only.

Use this number if you need to contact the team about anything before, during or after an event.
Welcome Laura, a new team member, to the young carers team. Laura Thomas joins us as a Young Carers Support Coordinator bringing many years of experience working with young people. Look out for Laura at clubs and events!

Goodbye to Debbie; she will be missed! Debbie has been a valued member of the team for many years and we wish her luck in her new job.
Young Carers Team

Young Carers Manager
Jo Sanctuary

Young Carers Support Coordinator
Laura Thomas

Young Carers Administrator
Rachael Johnston

Young Carers Support Workers:
Janice Styles
Emma Svendsen
Chris Martin
Shani Brathwaite

If you have any questions, please contact a member of the young carers team team on 0300 111 1919 or email young.team@carersinbeds.org.uk
You can also access information on the website www.carersinbeds.org.uk
Did you know we have a private Facebook page so you can keep up to date with the latest news and events? Just search for Young Carers and their Families in Bedfordshire and request to join the group. You will find the latest news, event reminders, you can contribute your views, get handy tips and information.

We also have new Instagram accounts

[carersinbeds_yc]
Young Carers in Bedfordshire

[carersinbeds_ggac]
GGAC in Bedfordshire

What are you waiting for?
Search for them now!