

Young Carers

Lock Down
Zoom Events
July & August 2020



YC Squad 4 to 8 Years

With Parents in attendance

Thurs 9th July - Zumba - 4.45 - 5.30pm

Thurs 23rd July - 2pm to 2.30pm

Mon 10th Aug - Cooking by Zoom time TBC

Thurs 20th August - 2pm to 2.30pm

YC Squad 9 to 12 Years

With parents in attendance

Monday 6th July - Zumba - 5 - 5.30pm

Monday 20th July - 2.00 to 2.30pm

Mon 10th Aug - Cooking by Zoom - time TBC

Monday 17th August - 2.00 - 2.30pm

GGYC & GGAC 13 to 17 years

with parent attendance for under 16 year olds

Thurs 2nd July - Zumba - 5 - 5.30pm

Thurs 16th July - 2.30 to 3.30pm

Thurs 30th July - 2.30 to 3.30pm

Thurs 17th Aug - 2.30 to 3.30pm

13 to 15yrs

Thurs 6th Aug - Zoom Cooking - time TBC

16 to 17yrs

Thurs 13th Aug - Come Dine with us - time
TBC

Young Adult Carers 18-24 yrs

Thurs 13th August - Come Dine with us

Thurs 27th August - Picnic in the Park

Peer Mentors

with parent attendance for under 16 year olds

Tuesday 21st July – 2.30 – 3.30pm

During the summer we will be running a
Role Model Programme
Dates and times to be confirmed

**Let us know if you would like to join us for
any of the events online by responding to
the automated text via the link.**

During this time you can still contact us by:

Phone: 0300 111 1919

Email: young.team@carersinbeds.org.uk

Facebook: message by 12pm two days in advance

The young team mobile is not available currently

Young Carer Team

News

As of the 1st July the Young & Young Adult Carers Team will be joining together with the Parent Carer Support Team to offer a more rounded service. We are, therefore, delighted to welcome Helen Child as the Child and Family Team Support Lead.

Sadly, we are saying goodbye to Laura Thomas, Young Carers Coordinator, but we wish her all the best with her future endeavours

If you have any questions, please contact a member of the team:

Support Workers: Janice Styles, Shani Brathwaite,
Chris Martin

Young Carer Team Administrator:
Rachael Johnston

Phone: 0300 111 1919

Email: young.team@carersinbeds.org.uk

You can access information on our website

www.carersinbeds.org.uk

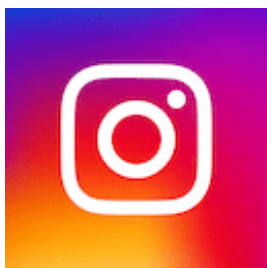


Young Carers and families Facebook page

Did you know we have a private Facebook page so you can keep up to date with the latest news and events?

Just search for Young Carers and their Families in Bedfordshire and request to join the group.

You will find the latest news, event reminders, you can contribute your views, get handy tips and information.



**We also have a new
Instagram account**



carersinbeds_ggac
GGAC in Bedfordshire

**What are you waiting for?
Search for them now!**