

## Useful Information for Parent Carers

Welcome to Carers in Bedfordshire.

Here is information you may find useful in your caring role.

**Click on the boxes below for useful links.**

If you would like any further information or support please give us a call or email.

### Carers in Bedfordshire website



Please take some time to have a look at our website. You will find lots of information there including details of events and groups, counselling, wellbeing and hospital services and information for young carers.

### Carers Grant



You can apply for a carers grant using the online form on the website. You can use the grant to pay for a break, activity, service or training, to improve your health or wellbeing.

### Events & Groups

Take a look at the events and groups that are available to you on the What's On page of our website.



### Partner websites



**Bedford Borough Carers Assessment - complete online**

**Bedford Borough SEND Local Offer**



**SENDIASS - Special Educational Needs & Disabilities Advice and Support Service**



**Bedford Borough Parent carer Forum**

**Contact** - Information, advice and support for families with disabled children



**IPSEA** Independent Provider of Special Education Advice

**Autism Bedfordshire** - Information, guidance and support for adults and children with autism and their families.



### Families United network

Supports children and young adults living with additional needs and disabilities throughout Bedfordshire.

### Kids in Action

Providing a safe, supportive social space for kids and young adults with disabilities and special needs.

