

### Make a Difference

**Volunteer With Us** 

# Grants panel member

Improve carers' health and wellbeing with financial support

#### What's a Grants Panel member?

We administer the NHS Carers Grants scheme to help carers with a break, service, or training - anything that they tell us will improve their own health or wellbeing.

Your role as a panel member is to assess each application against the criteria on a monthly basis. The panel meets to combine scores and agree whether to approve, reject or defer applications

Visit our grants webpage and watch the video about the application process

### What will you get out of it?

- Volunteer from home, attend the panel meeting inperson or online
- There are no set hours as long as you meet the deadlines; meetings are scheduled for the year so you can make other plans in advance
- You work as part of a team

#### What's involved?

- Each month we will send you an anonymous batch of applications by email - around 80 - to score and note any queries. You'll have at least a week to do this
- You will need internet and a laptop or tablet
- Attend the Panel on the last Tuesday morning of each month to combine scores and decisions
- The Panel rota gives each member one month "off" every 4 months



## The skills you'll need

- Understand the challenges carers face your own caring experience would be an advantage
- Non-judgmental and impartial
- Confident to speak up and to challenge
- Able to work within criteria and deadlines
- Good communicator, reliable and organised



### How we will support you in this role?

- We'll give you a practice set of materials so you can have a go at scoring
- You can sit in on a Panel meeting and have a chat with the Chairperson
- Once you've got started, we'll send regular email updates and an invite to the annual refresher training
- We invite suggestions from Panel members to take to our Steering group

#### Your time

- This role works within the grants cycle and there is a set timetable
- You will need around 7 hours to score the applications, within a one week period each month
- Panel meetings last 2 3 hours once a month, last Tuesday of the month
- You can indicate your availability on the rota

### How to apply

Please email or call us via the contact details below and we will take you through the simple application process

### Did you know?

- 20% of adults are unpaid carers and save the UK Government £162 billion every year
- 70% of unpaid carers are not in employment

### Where you will be volunteering?

- · From home to score
- From the Bedford office or online for Panel meetings





Interested? Contact our Volunteer Coordinator Carol Solaiman 0300 111 1919 volunteering@carersinbeds.org.uk

### How does this help carers?

- Carers can maintain their personal well-being and supported to live well
- Carers have a meaningful, fulfilling life
- Carers are listened to
- Carers can participate in their local community
- Carers can maintain their independence at home
- · Carers have time away from caring responsibilities

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